

UP TO \$739 IN COUPON SAVINGS TODAY

Happy Mother's Day!



# Daily Record



BOB KARP/STAFF PHOTOGRAPHER  
Superior Court Assignment Judge Thomas Weisenbeck will retire May 27.

## Chief vicinage judge is retiring

PEGGY WRIGHT  
@PEGGYWRIGHTDR

Thomas L. Weisenbeck fell in love with lawyering in 1968 when, as a first lieutenant in the Army, he was assigned to defend soldiers accused of disciplinary infractions or minor offenses during the Vietnam War.

Weisenbeck wasn't even a lawyer, but the protocol in 1968 was for the commanding general to assign a military officer to prosecute or defend special court-martial cases involving enlisted men. He later took his LSATs — the test that measures reading and verbal reasoning skills in assessing applicants to law schools — in a Quonset hut in 100-degree heat in 1969 at a U.S. Naval base in Danang, Republic of South Vietnam.

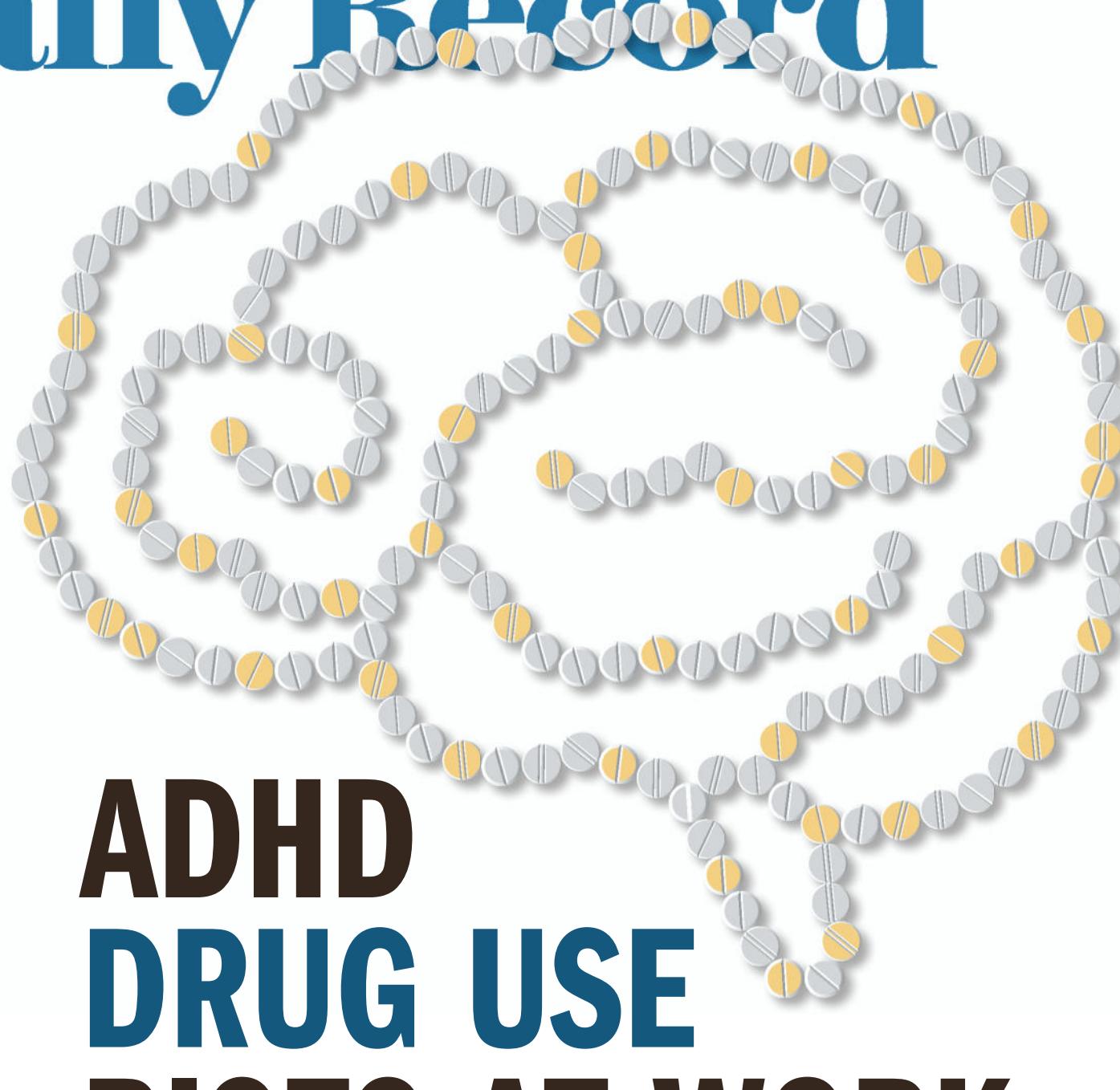
"I had three cases assigned to me to defend in the Army. I lost each one, but I was smitten. I thought, 'My God, I've never had this much responsibility in my life,'" Weisenbeck said.

More than 40 years after he earned his law degree from Rutgers-Camden School of Law, Weisenbeck is poised to start a new chapter of his life as he prepares to step down from a 10-year career as a well-respected state Superior Court judge in the court vicinage that

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### CAREER HIGHLIGHTS

Thomas L. Weisenbeck:  
 » Started at the Morris County Courthouse in September 1973 as law clerk to then-Superior Court Judge Robert Muir Jr.  
 » Was attorney to the late pop superstar Whitney Houston when she lived in Mendham Township in the 1990s.  
 » Ruled against then-newcomer William "Hank" Lyon after Margaret Nordstrom challenged her defeat in the June 2011 GOP primary for Morris County freeholder. (His decision later was overturned.)



## ADHD DRUG USE RISES AT WORK

'Culture of perfectionism,' more diagnoses fuel demand for meds — some prescribed, some not

LORRAINE ASH @LORRAINEVASH

Quietly, stimulant medications — some properly prescribed, others not — have crept into workplaces from hospitals to cafes, financial firms to law offices in Morris County and beyond.

"I have attention deficit disorder, and I'm on Adderall, but I've been on it since before I started working," said one 30-something lawyer at a Morristown firm. "If I worked at something where I didn't have to use my brain so much, maybe I wouldn't need the medication."

"Part of the problem is the prevalence of using the drugs in people our age. The medications started coming out when we were younger."

No one at work has ever asked her for any of her medication. Then again, she said, conversation about where people get their meds, though common in college, doesn't come up often at the office.

Experts agree that the trend — particularly prevalent in workers in their 20s, 30s and 40s — has, in part, grown naturally: Those who were diagnosed with ADD or attention deficit hyperactivity disorder as children grew up on Ritalin (methylphenidate) to focus at school. When they became adults, they switched to Adderall or Vyvanse (dextroamphetamine) to focus at work.

But users, such as the lawyer, don't fully account for fueling a phenomenon that is statistically on the rise.

The number of adults taking ADHD drugs rose 53.4 percent from 2008 to 2012, according to a 2014 report by

### LEARN MORE

Here are resources on living with ADHD, the perils of taking ADHD medications without a prescription and strategies for dealing with drugs in the workplace:

**Association:** Attention Deficit Disorder Association, [add.org](http://add.org)

**Book:** "Is It You, Me, or Adult A.D.D.?" by Gina Pera

**Book:** "ADD-Friendly Ways to Organize Your Life," by Judith Kolberg and Kathleen Nadeau

**Center:** ADHD, Mood and Behavior Center of New Jersey, [adhdmoodbehaviorcenter.com](http://adhdmoodbehaviorcenter.com)

**Magazine:** ADDitude magazine, [additudemag.com](http://additudemag.com)

**Meetup:** Adults with ADD, Chatham, [meetup.com/Adults-with-ADD-Meetup](http://meetup.com/Adults-with-ADD-Meetup)

**Nonprofit:** NewBridge Services, Montville, [newbridge.org](http://newbridge.org)

**Project:** Medicine Abuse Project, [medicineabuseproject.org](http://medicineabuseproject.org)

**Support group network:** Children and Adults with Attention-Deficit/Hyperactivity Disorder, [chadd.org](http://chadd.org)

## For essay contest, children reflect on a mother's love

PAUL GRZELLA @PAULGRZELLAMYCJ

Caring for them when they are sick.

Going to a concert after working all day.

Giving advice — even when it is not wanted or appreciated.

These are just some of the positive attributes young New Jersey writers gave to their mothers for the "My Mom Shines Like A Diamond" Mother's Day Essay Contest.

On May 2, the 10 finalists in the con-

test gathered at Diamond Dream Fine Jewelers in Bernardsville to find out the top three winners. But as these sons and daughters read their essays, standing next to their very proud, and sometimes tearful, moms, it was clear that all of the families were the winners here.

Faina and Edward Shapiro, owners of Diamond Dream Fine Jewelers, sponsored the contest. The Shapiros, the par-



First-place essay winner Tess Hanlon, 11, of Bernardsville and her mother, Tara (second from left), stand with Diamond Dream Fine Jewelers owners Faina and Edward Shapiro during a Mother's Day essay contest reception at the store.

KATHY JOHNSON/STAFF PHOTOGRAPHER

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**Boys lacrosse:** Delbarton rolls past Morristown-Beard, heads to MCT final. **Sports, 1B**

ADVICE .....	8M, 10M
LOTTERIES .....	2A
OBITUARIES .....	8A, 11A
OPINION .....	4AA
REAL ESTATE .....	1C
SPORTS .....	1B
SUNDAY BEST .....	1M
TV .....	9M

