

FIVE-DAY FORECAST

Table with 5 columns: TODAY, TUESDAY, WEDNESDAY, THURSDAY, FRIDAY. Includes weather icons and temperature forecasts.

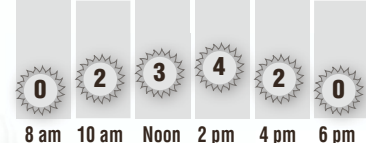
ALMANAC

Table with 2 columns: Metric (High/low, Normal high/low, Record high, Record low, etc.) and Value.

WIND CHILL

Table with 2 columns: Time (8 a.m., Noon, 4 p.m., 8 p.m.) and Wind Chill value.

UV INDEX



AIR QUALITY INDEX



HEATING DEGREE DAYS

Table with 2 columns: Date (Saturday, Month to date, Season to date) and Heating Degree Days value.

TIDES

Table with 3 columns: Time, High, Low. Includes locations AT SANDY HOOK and KEYPORT AT RARITAN BAY.

MARINE FORECAST

Today: Wind from the west at 7-14 knots. Seas 1-3 feet. Visibility clear. Wind west-northwest at 3-6 knots. Seas 2 feet or less. Mainly clear.

WEATHER HISTORY

On March 9, 1995, a blinding dust storm on I-10 contributed to a 23-car accident with 10 fatalities near Wilcox, Ariz.

AccuWeather.com logo and forecast graphics provided by AccuWeather, Inc. ©2015

SUN AND MOON

Table with 3 columns: Time, Rise, Set. Includes Sun and Moon data for Today and Tuesday.



THE STATE

Table with 3 columns: City, Today Hi/Lo/W, Tue. Hi/Lo/W. Lists various NJ cities and their weather forecasts.

LOTTERIES

Large table listing lottery results for SUNDAY, MARCH 8 NEW JERSEY, NEW YORK, PENNSYLVANIA, and SATURDAY, MARCH 7 NEW JERSEY.

King

Continued from Page A1

The two spend a month filming together, explained Holly Carter, the group's founder and executive director.

"My Country Is Tibet," filmed in 2008, mostly in India, is narrated by Lhagyari. It highlights life among young Tibetan refugees in northern India and the stark choices they must make about where to live, what language to speak, and the erosion of their Tibetan identity.

Lhagyari, now a student at Gettysburg College in Pennsylvania, told the Daily Record that he jumped at the chance to work with German filmmaker Dirk Simon, who had created "When the Dragon Swallowed the Sun," a movie about Tibet.

"I thought it was a great opportunity to talk about myself as a Tibetan refugee, about my family, about my father, and about my country," Lhagyari said. "My story is the story of the Tibetan people."

Yet it is Lhagyari's lineage, which has led to a difficult yet remarkable life, that has drawn viewers to his film. His father, Lhagyari

Trichen Namgyal Gyatso, had enjoyed a ceremonial role as king in Tibet until the Chinese invaded the country in 1949, according to an account in Indian media. At that point, the family palace was pillaged and the king imprisoned for 20 years.

"At least here, there's some level of human respect in prison, but not in Tibet, sadly," Lhagyari said. "Once my father was released, he moved to India. His Holiness the 14th Dalai Lama told him to stay there and serve the Tibetan Parliament-In-Exile. He did that."

Years after being released from prison, Lhagyari's father died at the age of 74. At the time, his only son was 11 years old. A year later, Lhagyari, the current king, was crowned by His Holiness the 14th Dalai Lama.

Today, Lhagyari, who is personally mentored by the Dalai Lama, calls his father one of his heroes.

"Of course, His Holiness is an inspiration for all the Tibetan people and for me, too," he said, "but for me, my father is equally important. I want to work for the Tibetan people, like my father did."

For now, that means talking about his film, spreading awareness about the plight of the Tibetans and making sure that Americans know the Tibetan and Chinese peoples are not enemies.

"The Tibetan people respect China's great culture, long history and

hard-working people," he said. "We are only against the Chinese government, Chinese leaders, Chinese policy. To be against those does not mean we hate the Chinese people."

After graduation, Lhagyari doesn't know how he'll continue his mission. Then again, he didn't expect the turns his life has taken in the past seven years after the Dalai Lama directed him to get a Western education.

"Trichen's life in America all started with what we were doing," said Carter, of BYkids. "The reason he's here is because we decided to help him make his film, and then, though it's far beyond our mission, we got him into boarding school and got him into college and made sure it was all paid for."

Lhagyari attended St. Andrew's School in Delaware, where the movie "Dead Poets Society" was filmed, before attending Gettysburg College, where he is majoring in political science and minoring in religion.

These days, Lhagyari is thinking that, after graduation, he may attend a Buddhist university in India to learn more about the religion in which the lives of his father and forefathers were steeped. His father, he said, lived a spiritual life and died a spiritual death.

"My father died meditating," he explained. "In Tibetan society, some people who are really spiritual, like lamas, die without

Learn more

WHAT: "My Country Is Tibet," film presentation/discussion with King of Tibet Lhagyari Trichen Namgyal Wangchuk

WHEN: 12:30 p.m. March 10

WHERE: County College of Morris, Student Community Center, Davidson Rooms, 214 Center Grove Road, Randolph

COST: Free

INFO: Call The Legacy Project at 973-328-5469

On the film

More about "My Country is Tibet," a BYkids film:

» BACKGROUND: www.bykids.org/tibet.php

» TRAILER: www.bykids.org/tibet-trailer.php

» AVAILABILITY FOR PUBLIC: On Amazon at http://tinyurl.com/kaxsgdv and on PBS in October

» AVAILABILITY FOR K-12 SCHOOLS: Through Discovery Education, http://tinyurl.com/nf4e9ur

pain, by meditating. When my father died, he was holding the book of His Holiness the Dalai Lama. He was like that, meditating for many hours, before he died."

"My Country Is Tibet" is the second of five films that BYkids has made to date. All are being made into a PBS national series to air this fall.

Lorraine Ash: 973-428-6660; lash@njpressmedia.com

Today in History

Today is Monday, March 9, the 68th day of 2015. There are 297 days left in the year.

On this date in:

1945: During World War II, U.S. B-29 bombers launched incendiary bomb attacks against Tokyo, resulting in an estimated 100,000 deaths.

1954: CBS newsman Edward R. Murrow critically reviewed Wisconsin Sen. Joseph R. McCarthy's anti-communism campaign on "See

It Now."

1965: The Rev. James Reeb, a white minister from Boston who'd gone to Selma, Alabama, to show support for civil rights marchers, was attacked by a group of white men and struck on the head; he died two days later at age 38.

1990: Dr. Antonia Novello was sworn in as surgeon general, becoming the first woman and the first Hispanic to hold the job.



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Fistball

Continued from Page A1

fore a point is scored. Three hits are allowed before the ball must cross the net.

Feid is also president of Allan Feid Plumbing in Livingston and a 25-year member and four-time president of the Florham Park Rotary Club.

When Feid joined the Swim and Sport Club, there were more than 100 fistball players. Those numbers have since dwindled, and he hopes to raise them by incorporating the sport into school and recreation programs through clinics.

"The USFA will gladly set up demonstrations, provide training and information along with playing opportunities to help local teams get started," Feid said.

That plan that has found some success in Wisconsin, where the sport is very popular.

Also helping to place fistball in the spotlight, Feid is bringing the Pan-American Fistball Games to the United States for the first time. "Fistball has been played as a club sport in the United States for over 75 years," Pan-American Games Co-Chair Steve Groeber said. "It's exciting to see the USA host the international field."

Feid volunteered the Flanders Swim and Sport Club to host the country's first Pan-American Fistball Games because it had

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For more information about fistball, visit the USFA webpage, www.usfistball.com.

significantly more fields than Wisconsin.

The four-day games will be held during the final week of August and will feature teams from the United States, Brazil, Argentina, Chile and Colombia.

Competing U.S. teams will come from Flanders, Pennsylvania and Wisconsin.

The tournament, running Aug. 27 through 30, includes the Pan-American Championship for national teams and Pan-American Cup for club teams.

Both men's and women's teams will compete in the event.

Ahead

Continued from Page A1

"Letting Go and Loving the Reward: Parenting Your Adult Children" featuring Rabbi Amy Joy Small at 7 p.m. Tuesday, at the library, located at 1 Miller Place.

The program will explore parenting adult children from the perspective of Jewish traditional teachings on the generations and their relationships.

It will be an interactive opportunity to learn and share the journey with other seekers. The messages are universal,

and all are welcome, according to a news release about the event.

Refreshments will be served.

For more information, call 973-538-6161 or visit http://morristownmorris.twiplibrary.info.

Learn about cloud at Montville library

MONTVILLE — The township library will hold a program on "Cloud Storage 101" at the library on Thursday and Friday.

The class, taught by James Fitzpatrick of Technology Integrators, will explain what the "cloud" is, how to access it and set up an account.

Two sessions will be offered;

the first session will be held 7 p.m. Thursday and the second session 10 a.m. Friday.

Space is limited, and registration for the event is required.

The Montville Township Public Library is located at 90 Horseneck Road.

For more information or to register, call 973-402-0900, ext. 227

Historical group sets Picatinny program

SPARTA — The Sparta Historical Society will feature Picatinny Arsenal garrison archaeologist Jason Huggan as a guest speaker at a meeting on Thursday.

Huggan will display photos and maps related to both historical sites and archaeology within the arsenal, including showing the recent find of a Civil War-era LaFauchaux revolver found in the summer of 2013.

For more photos and stories, visit www.pica.army.mil/ead/Cultural/PicatinnyHistoricDistricts/index.html.

This event will be held in the Sparta Ambulance Building at 14 Sparta Ave. Admission is free to all members.

Guests are invited to attend for \$1 per student, \$3 per adult.

For more information, contact Ed Fritsch at 973-729-0644.

Corrections Policy

The Daily Record corrects factual errors as soon as they are brought to our attention. Errors should be reported to Executive Editor Joe Ungaro at 973-428-6624.