

## Nursing Continuing Education Contact Hours

This program has been awarded **6.25 contact hours** by the Gateway Northwest Maternal and Child Health Network, an approved provider of continuing education in nursing by the NJ State Nurses Association. NJSNA is accredited by the ANCC Commission on Accreditation of the American Nurses' Association. Provider #P111-3/07-10. Provider approval is valid through March 31, 2010. Accreditation refers to recognition of continuing education activities only and does not imply approval or endorsement of any commercial product.

## Continuing Education Credits for Social Workers

Application is being made for continuing education hours for social workers via the New Jersey Board of Social Work Examiners.

## Acknowledgements

We gratefully acknowledge that this conference is being supported in part by a grant from the New Jersey Department of Health and Senior Services.

We thank Atlantic Health and specifically Overlook Hospital for providing the meeting room for this conference.

\* Hospital members of Gateway Northwest MCH Network: Clara Maass Medical Center, Hackensack University Medical Center, Hackettstown Regional Medical Center, JFK Medical Center, Morristown Memorial Hospital, Mountainside Hospital, Newark Beth Israel Medical Center, Newton Memorial Hospital, Overlook Hospital, Saint Clare's Hospital, St. James Hospital, Trinitas Hospital, UMDNJ University Hospital, and Warren Hospital

NEW JERSEY  
**FIMR**  
FETAL-NEONATE MORTALITY REVIEW PROGRAM

Gateway Northwest  
Maternal & Child Health Network  
381 Woodside Avenue  
Newark, NJ 07104

# Comprehensive Psychosocial Care for Families after Perinatal Loss

March 10, 2008  
Summit, NJ  
Overlook Hospital



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# Overview

Many families that have experienced a miscarriage, stillbirth, neonatal or infant loss experience prolonged and complicated grief. This conference will assist those who work with families during and after a perinatal or infant loss to provide holistic and comprehensive care, including emotional and psychological support, making mementos, specialized bereavement photography, identification of and intervention for complicated grief and depression, and awareness of local bereavement resources.

# Date & Location

## Monday, March 10, 2008

Overlook Hospital  
Wallace Auditorium  
99 Beauvoir Ave. @ Sylvan Rd.  
Summit, NJ 07901  
[www.mapquest.com/directions](http://www.mapquest.com/directions)

## Snow Date: Monday, March 24, 2008

In the event of a blizzard or ice storm on the morning of March 10<sup>th</sup>, please call Marie Hogarty at (973) 285-0742 between 5:00 and 7:30 am to find out if the conference is being postponed until March 24<sup>th</sup>.

For general information, contact Marie Hogarty at the MCH Network: 973-290-9444, ext.11 or [mhogarty@gatewaymch.org](mailto:mhogarty@gatewaymch.org)

# Agenda

8:00 am	<b>Registration &amp; Continental Breakfast</b>
8:30 am	<b>Overview of New Jersey's Fetal &amp; Infant Mortality Review Program</b> <i>Carly Ryan, MA, FIMR Project Coordinator Gateway Northwest MCH Network</i>
9:00 am	<b>The Psychosocial Impact of the Sudden Unexpected Death of an Infant or Stillbirth: Health Care Professional's Guide to Bereavement Support</b> <i>Linda Esposito, PhD, MPH, BSN, RN SIDS Center of New Jersey</i>
10:00 am	<b>Stretch Break</b>
10:15 am	<b>Identification of Postpartum Depression, Clinical Depression, &amp; Complicated Grief in Families after Perinatal Loss</b> <i>Linda Klempner, PhD Women's Health Counseling &amp; Psychotherapy</i>
11:15 am	<b>Skye's Story</b> <i>Nicole Alston, Skye's Parent Founder of the Skye Foundation, Trenton, NJ</i>
12:15 pm	<b>Lunch</b>
1:00 pm	<b>Hospital-Based Perinatal Bereavement Support Best Practices</b> <i>Krystyna Toczylowski, RN, APN, C Perinatal Clinical Nurse Specialist Hackensack University Medical Center</i>
1:45 pm	<b>Perinatal Bereavement Photography: Helping Families to Say Goodbye</b> <i>Ann Marie Sciascia Art by Ann Marie, Newton, NJ</i>
2:30 pm	<b>Journaling as a Way to Memorialize a Perinatal Loss</b> <i>Lorraine Ash, Columnist for the Daily Record Author of <i>Life Touches Life: A Mother's Story of Stillbirth &amp; Healing</i></i>
3:00 pm	<b>Real Stories &amp; Lessons Learned from FIMR Participant Families</b> <i>Read by Lorraine Ash</i>
3:45 pm	<b>Evaluations and Adjourn</b>

# Registration

## Registration Fee

**\$50.00** for employees of hospitals which are members of the Gateway Northwest Maternal and Child Health Network\* (please see back for list of member hospitals)

**\$75.00** for all others

Fee includes contact hours, continental breakfast, and lunch

## Registration Form

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Name

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Home Address

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Home Phone

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E-mail

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Employer

Please make check payable to Gateway Northwest Maternal & Child Health Network and mail check with this form to:

Gateway Northwest MCH Network  
Attention: Beverly Honore  
381 Woodside Avenue  
Newark, New Jersey 07104

**Registration deadline: Friday, Feb. 29, 2008**

To receive registration confirmation, e-mail Beverly Honore at [bhonore@gatewaymch.org](mailto:bhonore@gatewaymch.org)